



Women in Business – Communicating with Impact



Duration: Half / 1 Day



Ideal Group Size: 10 to 12 People

Course overview:

This workshop focuses on the best way to have impact on others through a powerful mix of influence, body language and assertiveness. We will explore how your approach and behaviour can be adapted when dealing with a range of different personalities to ensure that a successful outcome is achieved.

Who would benefit from attending:

This workshop is ideal for individuals looking to develop their interpersonal skills in order to influence, persuade and have maximum impact on others.

Core learning objectives covered:

- What does personal presence really mean?
- Communicating with confidence and credibility
- Communication styles and personal impact
- Habits that lower your impact
- Influence and power dynamics
- Stakeholder mapping - who matters most?
- Dealing with difficult and challenging conversations
- Staying calm and confident under pressure
- Transactional analysis (adult to adult)
- Handling interruptions and setting boundaries
- How to stay firm and fair in conversations
- Building trust and keeping interactions positive

Delivery methodology:

Futureproof's training workshops require all delegates to take a full and active role throughout. Our mix of trainer led discussion, facilitation, coaching and skills practice ensures that all delegates enjoy an interactive and supportive learning experience.



Want to tailor the content of this workshop and incorporate internal procedures, competency framework, organisational values & work-related challenges?

Get in touch with one of our Learning & Development Managers – 01623 409 824 • info@futureproof-training.co.uk