



Psychological Safety in the Workplace (For Employees)

 Duration: 1 Day

 Ideal Group Size: 10 to 12 People

Course overview:

This course introduces the concept of psychological safety in the workplace, highlighting its importance of encouraging open communication, trust and team collaboration. Employees will learn practical strategies to help create and maintain a supportive environment where everyone feels safe to speak up, make mistakes, and contribute fully.

Delivery methodology

Futureproof's training workshops require all delegates to take a full and active role throughout. Our mix of trainer led discussion, facilitation, coaching and skills practice ensures that all delegates enjoy an interactive and supportive learning experience

Who would benefit from attending:

This course is suitable for employees who want to create a culture of trust, inclusion, and open communication.

Core learning objectives covered:

- What is Psychological Safety?
- Understanding the concept of psychological safety in the workplace
- The benefits of fostering psychological safety
- What is neurodiversity?
- Recognising colleagues' different needs
- Resistance and counter productive behaviours
- Spotting the different signs
- What workplace situations could affect safety?
- Understanding team dynamics
- How to create an inclusive culture
- Implementing psychological safety at work



Want to tailor the content of this workshop and incorporate internal procedures, competency framework, organisational values & work-related challenges?

Get in touch with one of our Learning & Development Managers – 01623 409 824 • info@futureproof-training.co.uk