

# Coaching a Growth Mindset (Managers)



Duration: 1 Day



Ideal Group Size: 10 to 12 People

## Course overview:

This one day workshop equips managers with the knowledge, tools and coaching techniques to foster a growth mindset within themselves and their teams. Explore how beliefs shape performance, resilience and innovation. Managers will learn how to model growth-orientated leadership behaviours, deliver feedback that inspires development and build team cultures where learning from challenges is valued as much as achieving results.

## Delivery methodology:

Futureproof's training workshops require all delegates to take a full and active role throughout. Our mix of trainer led discussion, facilitation, coaching and skills practice ensures that all delegates enjoy an interactive and supportive learning experience.

## Who would benefit from attending:

Managers looking to strengthen their effectiveness, coach and develop their teams. Creating a culture of continuous learning and recognition, whilst building confidence and innovation within teams.

## Core learning objectives covered:

- Understand the difference between growth and fixed mindset
- How does this impact ourselves and others?
- How does this impact the business?
- Carol Dweck: Fixed and Growth Mindsets
- Matthew Syed: Black Box Thinking
- Neuroplasticity: How the brain changes with effort and learning
- Why growth mindset matters for managers
- Building a learning culture - collaboration and communication
- The Betari Box
- Coaching models to drive team collaboration
- How does feedback impact people?



Want to tailor the content of this workshop and incorporate internal procedures, competency framework, organisational values & work-related challenges?

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