

# Coaching Skills for Managers



Duration: 2 days



Maximum group size: 12 people

## Course overview

This course is for managers who want to grow and develop their team by offering workplace coaching and development support. Delegates will gain the confidence to provide clear direction, display excellent communication skills and be able to offer constructive feedback focused on performance improvement.

## Delivery methodology

Futureproof's training workshops require all delegates to take a full and active role throughout. Our mix of trainer led discussion, facilitation, coaching and skills practice ensures that all delegates enjoy an interactive and supportive learning experience.

## Who would benefit from attending?

Managers looking to learn the skills and knowledge required to effectively coach and develop others in the workplace.

## Core development objectives covered

- How effective coaching can impact on performance
- Identifying the key skills of a good coach
- Different teaching / learning styles
- Using the GROW technique
- The manager / coach relationship
- Linking coaching to effective performance management
- Identifying coaching & development needs
- Preparing for a coaching meeting
- On-the-job coaching ~ being flexible & responsive
- How to give constructive feedback on good / poor performance
- Developing personal action plans
- Measuring the effectiveness of coaching



Want to tailor the content of this workshop and incorporate internal procedures, competency framework, organisational values & work-related challenges?

Get in touch with one of our Learning & Development Managers – 01623 409 824 • [info@futureproof-training.co.uk](mailto:info@futureproof-training.co.uk)